

MC3 & HT2 Integration

APP-BASED SCREENING & INTERVENTION FOR PREGNANT PATIENTS

What is HT2?

HT2 is an easy-to-use mobile app for pregnant patients. It is designed for use prior to a new pregnancy intake appointment, either in the prenatal care waiting area or from home. The HT2 app e-screens for major behavioral risks such as substance use and mental health symptoms, helps build motivation to make changes, and offers direct connection to behavioral health services via telecounseling.



HT2 Parent Benefits

- Uses evidence-based screening to increase identification of behavioral health risks
- Gives patients a brief evidence-based motivational intervention
- Connects patients to available services including remote behavioral health consultant

HT2 Provider Benefits

- Customizes services depending on clinic needs
- Provides a full scored report on patient responses and needs
- Allows clinics to bill for use of evidencebased screeners
- Provides visualizations of aggregate clinicwide data so you can track patient progress

How do I get HT2 into my clinic?

MC3 Perinatal is currently offering HT2 in clinics across Southeast Michigan (Wayne, Macomb, and Oakland counties). We provide technical assistance to customize e-screeners and implement the app. Clinics are given a stipend to offset costs of app implementation and integration.

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zero to thrive