

If you have any questions,

please talk to your provider
or call Molina's Nurse Advise
Line at:



English:
(888) 275-8750

Spanish:
(866) 648-3537

Deaf and Hard of
Hearing:

711
or
(866) 735-2929



Flu Vaccination

Why get a flu shot?

The flu is more serious than the common cold. It is easily spread from person to person. The Centers for Disease Control and Prevention (CDC) reports that the flu has caused about 12,000 to 79,000 deaths each year since 2010. They also report 9 to 49 million cases of illness each year due to the flu.

Do everything you can to prevent from getting the flu.

Getting a flu shot is the best way to prevent from getting the flu. It also keeps the flu from spreading to others.

The vaccine is safe and does not cause the flu.



Flu season usually lasts from September through May.

Everyone 6 months and older should get the **flu shot**.

Some people are at higher risk than others:

- Children ages 6 months through 4 years.
- People with chronic health conditions and weak immune systems.
- Seniors 65 years and older.
- People who live with and care for anyone at high risk.

The flu virus changes. The protection from the flu shot only lasts about a year. This is the reason why you need a flu shot every year to protect you.

