

## Coronavirus (COVID-19) update

We are continuing to closely monitor the COVID-19 pandemic and we're committed to ensuring our members have access to the care and information they need. The health and well-being of our Senior Whole Health of New York members is our top priority and we're thankful for the quality care you continue to provide them.

## 4 Things to Tell your Patients about COVID-19

- 1. COVID-19 is still a risk. The best way to prevent illness is to avoid exposure to the virus.
- 2. Continue to wear a mask and maintain social distancing when you're out in public.
- 3. Get your flu shot as soon as you can. It's likely both the flu and COVID-19 will spread this fall and winter. Healthcare systems could be overwhelmed treating both patients with flu and COVID-19.
- 4. If you have symptoms, get tested. You can easily find a testing location by calling the New York State COVID-19 Hotline at 1-888-364-3065 or visit the NYSDOH website <a href="https://covid19screening.health.ny.gov">https://covid19screening.health.ny.gov</a>.

You can access COVID-19 news and updates at <a href="https://www.seniorwholehealthny.com/for-providers-2/provider-materials/">https://www.seniorwholehealthny.com/for-providers-2/provider-materials/</a>. Or visit <a href="https://www.seniorwholehealthny.com/for-providers-2/provider-materials/">cdc.gov</a>.