



## Electrocardiographic (EKG or ECG) Monitoring (Holter or Real-Time Monitoring)

### Purpose

This policy is intended to ensure correct provider reimbursement and serves only as a general resource regarding Molina Healthcare’s reimbursement policy for the services described in this policy. It is not intended to address every aspect of a reimbursement situation, nor is it intended to impact care decisions. This policy was developed using nationally accepted industry standards and coding principles. In a conflict, federal and state guidelines, as applicable, and the member’s benefit plan document supersede the information in this policy. Also, to the extent of conflicts between this policy and the provider contract language, the Provider contract language will prevail. Coverage may be mandated by applicable legal requirements of a State, the Federal government or the Centers for Medicare and Medicaid Services (CMS). References included were accurate at the time of policy approval. If there is a state exception, please refer to the state exception table listed below.

### Policy Overview

Long-Term ECG Monitoring is defined as a diagnostic procedure, which can provide continuous recording capabilities of ECG activities of the patient’s heart while the patient is engaged in daily activities. These can include continuous, patient-demand or auto-detection devices. These tests provide information about rhythm disturbances and waveform abnormalities and note the frequency of their occurrence.

Cardiac Event Detection (CED) is a 30-day service for documenting and diagnosing paroxysmal or suspected arrhythmias.

Holter Monitoring (24-hour ECG monitoring) is a study used to evaluate the patient’s ambient heart rhythm during a full day’s (24 Hours) cycle. It is a wearable EKG monitor that records the overall rhythm and significant arrhythmias.

### Reimbursement Guidelines

The medical necessity indications listed in the following referenced document must be present in order for these tests to be covered: [L34636 - Electrocardiographic \(EKG or ECG\) Monitoring \(Holter or Real-Time Monitoring\)](#). Molina Healthcare retains the authority to deny, review, audit, and recoup claims based on medical necessity as outlined in the above policy.

### Supplemental Information

#### Definitions

Term	Definition
CMS	the Centers for Medicare & Medicaid Services. It is a federal agency within the United States Department of Health and Human Services that administers the Medicare program and works in partnership with state governments to administer Medicaid, the Children’s Health Insurance Program (CHIP), and health insurance portability standards.
EKG	Electrocardiogram
ECG	Electrocardiography



### State Exceptions

State	Exception

### Documentation History

Type	Date	Action
Published		
Revised Date		

### References

This policy was developed using.

- CMS
- State Medicaid Regulatory Guidance
- State Contracts
- [Article - Billing and Coding: Electrocardiographic \(EKG or ECG\) Monitoring \(Holter or Real-Time Monitoring\) \(A57476\) \(cms.gov\)](#)
- [L34636 - Electrocardiographic \(EKG or ECG\) Monitoring \(Holter or Real-Time Monitoring\)](#)