

# Provider Bulletin

Molina Healthcare of California

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February 29, 2024

- Imperial
- Riverside
- San Bernardino
- Los Angeles
- Orange
- Sacramento
- San Diego

## Behavioral Health Services Platform Launch

This is an advisory notification to Molina Healthcare of California (MHC) network providers applicable to the Medi-Cal line of business.

### **What you need to know:**

The Department of Health Care Services (DHCS) officially launched its Behavioral Health Virtual Services Platform to provide behavioral health services for all Californian children, youth, young adults, and their families, regardless of income, health insurance, or immigration status. Help DHCS spread the word to these communities!

DHCS is offering the following applications:

- BrightLife Kids: Children aged 0-12, parents, and caregivers
- Soluna: Teens and young adults aged 13-25

These platforms offer access to **FREE** behavioral health services, including:

- One-on-one coaching with a qualified and trained behavioral health coach
  - Delivered through video, in-app chat in English and Spanish, and via telephone coaching in all Medi-Cal threshold languages
- Digital education and behavioral wellness support exercises
- Care navigation services and a searchable directory of trusted local health resources
- Moderated forums to connect users with other youth or caregivers

## Provider Action

Soluna and BrightLife Kids are available through:

- Downloadable smartphone applications
  - IOS: Soluna and BrightLife Kids
  - Android: Soluna
- Website portal
- Telephone

To view a demo of each app, please watch these brief videos:

- BrightLife Kids:  
<https://vimeo.com/902414891/c0b8e2f1ab>
- Soluna:  
<https://drive.google.com/file/d/1SZrNp4UnqNXyavoNZR8XfqPNAEe6q5y/view>

For additional information on this program, please visit [CalHOPE.org](http://CalHOPE.org). If you have questions for DHCS, please send your inquiries to [CYBHI@dhcs.ca.gov](mailto:CYBHI@dhcs.ca.gov).



## **What if you need assistance?**

If you have any questions regarding the notification, please contact your Molina Provider Relations Representative below.

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