

Miscarriage

Complications of Pregnancy

Do you have questions?

Call our 24-hour Nurse Advice Line.

We are here to help you.



English:

(888) 275-8750

Español:

(866) 648-3537

TTY/TDD:

711

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your provider's advice.

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and accessible formats, please call Member
Services. This number is on the back of
your Member ID card.



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Your Extended Family



Your Extended Family

What is a miscarriage?

A miscarriage is the loss of a baby before the 20th week of pregnancy. Many miscarriages occur because the baby is not growing normally.

What are the signs of a miscarriage?

- Bleeding from your vagina
- Pain or cramping in your abdomen or lower back
- Blood clots or grayish tissue coming from your vagina

What risk factors increase your chance of having a miscarriage?

- You are over 35 years old.
- You are over-weight or under-weight.
- You have had two or more miscarriages.
- You have a poorly controlled health problem, such as diabetes.
- You have a bacterial or viral infection.
- You recently were injured.
- You come into contact with harmful chemicals.
- You use drugs, alcohol or smoke while pregnant.

What does NOT cause a miscarriage?

- Exercise
- Having sex
- Working



If you think you are having a miscarriage, call your provider right away.

If you have questions about miscarriage, call Molina Healthcare's 24-Hour Nurse Advice Line.