

## Chronic Conditions

### Diabetes Quality Improvement Collaborative Projects

#### Continuous Glucose Monitors (CGM) and Diabetes Self-Management Education (DSME)

Molina and the other Ohio Managed Care Plans (MCPs) have been collaborating to make diabetes management easier for providers and their patients. The two significant areas of focus for the MCPs are Continuous Glucose Monitoring (CGM) and Diabetes Self-Management Education (DSME).

The goal of the CGM work is to increase the appropriate utilization of continuous glucose monitors based on a practitioner's clinical judgment, so the MCPs have made prescribing a CGM device for their patients more accessible. For a provider to refer a member for a continuous glucose monitoring device, the member needs to have an A1c greater than 7.0. There is no requirement for the member to be on insulin. Provider discretion dictates the referral. Molina and two other MCPs have removed Prior Authorization (PA) for CGM devices. The two MCPs requiring PA for CGM devices have created a "Gold Carding" process, which expedites the review process for providers working with MCPs on the project. There is also a support pod for providers partnering on this work, which includes a multi-disciplinary team to coordinate the CGM project deliverables. For providers interested in participating in this program, the MCPs ask for meetings with a regular cadence, collaboration and transmission of data in a collection tool, and getting CGM devices into patients' arms.

There has been recent success with the CGM project by connecting with Pulsewrx. Pulsewrx is a company that helps set patients up with a phone that will be CGM device compatible for remote monitoring. Both FreeStyle Libre and Dexcom remote monitoring apps are preinstalled on these phones. As providers in this program identify patients who need assistance with remote monitoring setup, they can send referrals to the MCPs' Care Management teams to connect patients with Pulsewrx. After the patient receives their new phone, they can call into their respective Care Management team and receive assistance setting up the phone for CGM and placing their CGM device on themselves.

The goal of the DSME portion of the project is to increase utilization of the DSME/T (Diabetes Self-Management Education/Training) benefit by providing education and removing access barriers for DSME programs. Together, the MCPs and providers collaborate on a partnership-based approach to assist patients in scheduling DSME appointments, connecting patients to provider practices for diabetes management, and providing transportation and social determinants of health support. The MCPs have worked to improve access to telehealth DSME services. Additionally, there is work underway with multiple community-based organizations to address diabetes in diverse populations and leverage Care Management to help fill open DSME program spots. Providers working with the plans on DSME services should report successful/kept appointments and use approved billing codes.

An exciting partnership in the DSME project involves the Cleveland Clinic and the MCPs Care Managers working together to fill preapproved telehealth DSME spots. The Care Managers connect with patients and sign them up for the telehealth DSME class time slot and when the patient attends, Nutrition Solutions (in partnership with the MCPs) provides the patient with a week's supply of diabetic-tailored meals to help encourage healthy and diabetes-mindful eating. The meals are sent to the patient's home for easy access.

Throughout 2022 and into 2023 there are many exciting activities coming to the CGM and DSME work to support patients and providers. Providers are welcome to join this impactful project at any

time. Please reach out to any of the MCPs' points of contact to schedule an introductory meeting and learn how to get involved. Molina's contact is Melina Gaines, [Melina.Gaines@molinahealthcare.com](mailto:Melina.Gaines@molinahealthcare.com).

**Behavioral Health**

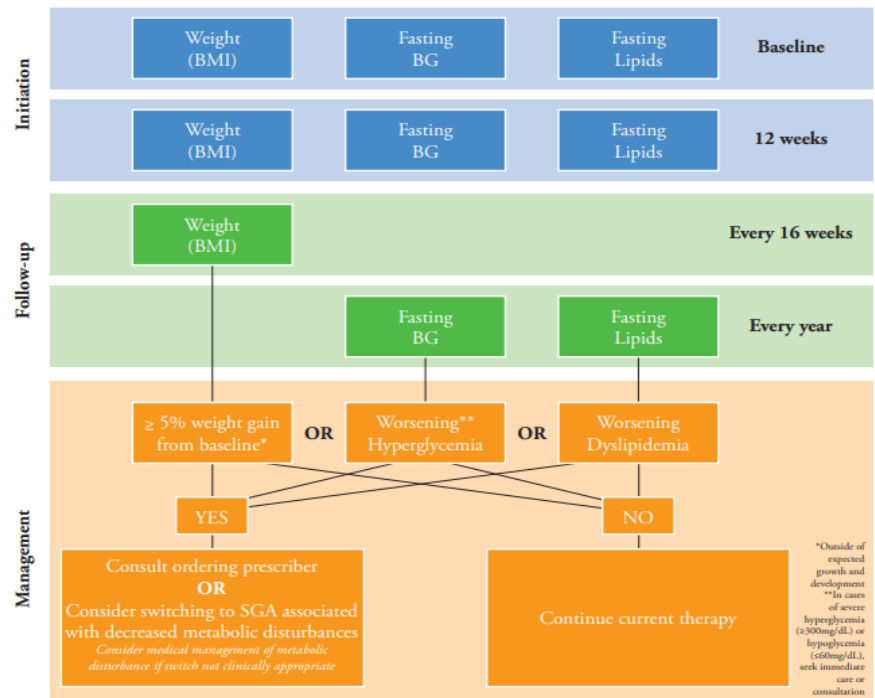
**Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM) Initiative**

The MCP-PFK (Partners for Kids) Behavioral Health Partnership is focused on a quality improvement initiative to increase the percentage of children and adolescents receiving annual metabolic testing while on antipsychotic medications. Per NCQA guidelines, children and adolescents who had two or more antipsychotic prescriptions should receive Blood Glucose and Lipid Panel testing at least once during the measurement year.

Prescribing providers will receive a letter and a list of their patients due for metabolic testing. The letter packet will also include a Lab Monitoring Tool, illustrated below, to guide effective and timely monitoring and management of patients receiving antipsychotic medications. This intervention will contribute to the global aim of improving prescribing practices and outcomes in pediatric behavioral health.

**Metabolic monitoring for patients receiving atypical antipsychotics**

Tool intended for use in monitoring and management of antipsychotics after appropriate patient assessment (e.g., indication, comorbid conditions, family history, etc.)



**Legend**

BMI	Body Mass Index
BG	Blood Glucose
SGA	Second Generation Antipsychotic

**SGA Risk of Metabolic Disturbances**

- Greatest**
- Olanzapine
- Clozapine
- Asenapine
- Quetiapine
- Paliperidone
- Risperidone
- Aripiprazole
- Ziprasidone
- Least**

References:  
American Diabetes Association. (2004). Consensus development conference on antipsychotic drugs and obesity and diabetes. Diabetes care, 27(2), 596-601.  
Healthcare Effectiveness Data and Information Set (HEDIS). (2020). Metabolic Monitoring for Children and Adolescents on Antipsychotics. National Committee for Quality Assurance.  
Zhang, Y., et al. (2017). The metabolic side effects of 12 antipsychotic drugs used for the treatment of schizophrenia on glucose: a network meta-analysis. BMC psychiatry, 17(1), 378.  
Walkup, J. (2009). Practice parameter on the use of psychotropic medication in children and adolescents. Journal of the American Academy of Child & Adolescent Psychiatry, 48(9), 961-973.



**Wellness****COVID-19 Vaccinations**

In May 2021, Governor Mike DeWine challenged the MCPs to help our Medicaid and MyCare Ohio members get their COVID-19 vaccinations. The plans collectively and collaboratively leveraged their resources to bring the vaccinations directly to our members at community events, providers' offices, and to their residences for homebound individuals.

The MCPs and the Governor's office created the "Vax on the Spot" program and website. MCPs incentivized vaccines for current Medicaid and MyCare Ohio members with a \$100 gift card. The MCPs organized the COVID-19 work, and divided counties among the plans. Molina's focus was Franklin, Mahoning, Trumbull, and Pike counties. The MCPs' representatives partnered with local providers and health departments to bring vaccine doses to community events, such as fairs, festivals, and concerts. The plans learned what was successful and modified the approach to maximize those opportunities to reach the most members possible. The most successful events were those where the vaccine was the primary focus, and MCPs used their combined outreach efforts to promote the vaccine opportunity. We all learned the best way to reach our members is through texting.

In 2022 the focus has been children's vaccinations, especially 12 to 17 year olds. At this time any Medicaid/MyCare Ohio members 5 years or older are eligible for the vaccine and a \$100 gift card. The incentive also expanded to include booster shots for Medicaid members as of April 1, 2022. Over the course of the last year, Molina and the other MCPs brought the vaccines to members in their communities around the state. MCPs deployed staff and volunteers to hundreds of events and opportunities since January of 2022, with over half a million members receiving a vaccination.

The collaboration with our provider partners, pharmacies, and community-based organizations extended the reach and made the vaccines more accessible to members. The combined efforts of so many partners in Ohio made all the difference for so many Medicaid and MyCare Ohio members. The Managed Care Plans' COVID-19 activities will sunset June 30, 2022. Members will have the opportunity to submit for their incentives until July 30, 2022.

**Questions?**

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